



**ACE RMO Intake  
2026 Training Year  
Te Pae Hauora o Ruahine o  
Tararua | MidCentral  
Health New Zealand  
Employer Information Sheet**

**Health New Zealand**  
Te Whatu Ora

# Contents

<b>Te Pae Hauora o Ruahine o Tararua   MidCentral .....</b>	<b>3</b>
Contact .....	3
Why MidCentral?.....	3
Attractions to the Region .....	3
Selection Criteria.....	3
Positions Available .....	4
PGY1 Runs.....	4
PGY2 Runs.....	4
Late Starts.....	4
Vocational Training .....	4
Regular House Officer Teaching.....	5
Rosters.....	5
PGY1 Average Pay.....	5

# Te Pae Hauora o Ruahine o Tararua | MidCentral District

## Contact

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## Why MidCentral?

- We are a 356 bed hospital offering a wide range of clinical services
- We provide a supportive learning environment
- Excellent teaching programme
- Plenty of “hands on” experience
- All runs have registrars and consultants
- 4 relief positions to cover leave absences
- 6 relief positions to cover ROs and RDOs
- ‘Prevocational Educational Supervisor Māori’ for our Māori Interns
- Good quality Community Based Attachments
- Excellent library facilities
- 5 minutes from city centre – no traffic hassles!
- Affordable living expenses

## Attractions to the Region

- No commuting time!
- Bike or walk to work!
- Tramping
- Mountain biking
- A wide range of different sports clubs
- Fishing & hunting
- Kayaking
- World class car, truck, motor bike racing and equestrian events at Feilding’s Manfield Park
- Lots of cafés and restaurants
- 3 live theatre companies
- Attractive, vibrant city centre
- Manawatū River Bridle Path
- 30 minutes to Himatangi Beach and Foxton Beach
- University City
- 2 hour drive to Mt Ruapehu for Whakapapa and Tūroa ski fields
- 2 hour drive to Hawkes Bay
- 2 hour drive to Wellington
- 3 hour drive to Taupō
- Good airport with regular flights to Auckland and the South Island

## Selection Criteria

- Cover letter giving reason for choosing Palmerston North e.g. studied here, family ties, wanting to work in a medium sized DHB
- Academic Achievement Record
- ACE References

- Consideration of ACE scoring
- Previous work experience/volunteer experience
- Personal interests/ hobbies

### Positions Available

The number of positions expected per District will be released on the ACE RMO website during 2024

We are open to discussing part-time/flexible working arrangements but please contact us directly prior to applications closing if you would like to be considered for less than full time work.

### PGY1 Runs

- General Medicine
- Respiratory
- Elder Health
- Old Age Psychiatry
- General Surgery
- Orthopaedics
- ENT/Ophthalmology
- Urology
- Obstetrics & Gynaecology (Q4)
- General Practice/Hospice (Q4)

### PGY2 Runs

- As above +
- General Practice – 6 different general practice options
- St John Ambulance
- Hospice
- Medical Education (0.5FTE with balance as Medical or Surgical Relief)
- Cardiology
- Renal
- Emergency
- Haematology
- Medical Oncology
- Radiation Oncology
- Orthopaedics
- Psychiatry
- Old Age Psychiatry
- O&G
- Paediatrics
- Elder Health/ Rehab/ Community
- ENT
- Urology
- ICU (PGY3)
- Relief

### Late Starts

Late starts for PGY1's may be accommodated at the discretion of our District. Please note that our ability to facilitate late starts is dependent on a few factors. If you are wanting to be considered for a late start please contact us directly prior to close of applications to discuss your circumstances.

### **Part-time work**

We are open to discussing part-time/flexible working arrangements but please contact us directly prior to applications closing if you would like to be considered for less than full time work.

### **Vocational Training**

All specialties of General Surgery; Orthopaedics; ENT; Urology; General Medicine and Sub-specialties; Anaesthetics; Obstetrics & Gynaecology; Paediatrics; Radiology; Radiation Oncology; Medical Oncology, Haematology; Emergency Medicine; Palliative Care and Psychiatry have both training and non-training registrar positions available.

### **Regular House Officer Teaching**

The Teaching Programme is well supported with a Teaching Group that plans the programme from Trainee Intern through to PGY2. The Medical Education House Officer provides over all coordination including organising facilitators, attending all sessions and managing pagers.

- Weekly PGY1 teaching sessions on Tuesday and Friday
- Weekly PGY2 teaching session on Tuesday
- Grand rounds for Medicine and Surgery
- ACLS/APLS/New Born Life Support
- MidCentral wide education programme through Education Centre
- Ko Awatea on line learning
- Departmental teaching

### **Rosters**

Rosters vary across the specialties however to give you an idea: Both Surgical and Medical House Officer rosters are Schedule 10 rosters with long days and weekends but no nights for the first six months.

### **PGY1 Average Pay**

Most medical and surgical runs are Category D or Category C runs (\$98,381 - \$111,905)